



**PHYSICAL REQUIREMENT FORM**  
**(Please Print Clearly)**

The Ohio Department of Health requires you to have a basic Physical Exam. Please have the top box of this form signed by your physician. All physicals must be within 1 year of the start of the program. Physicals older than 1 year will have to be repeated.

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**Physical Exam**

I have examined (name) \_\_\_\_\_ on (date) \_\_\_\_\_ and have determined that he/she is able to perform the duties of a Nurse Aide with no limitations.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Printed

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**Mantoux Tuberculosis (TB) Test**

**1<sup>st</sup> Step- (read in 48-72 hours)**

**2<sup>nd</sup> Step- (read 7-14 days after 1<sup>st</sup> step)**

Date Given: \_\_\_\_\_  
Given By: \_\_\_\_\_  
Site: \_\_\_\_\_  
Date Read: \_\_\_\_\_  
Read By: \_\_\_\_\_  
Results: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**If not read within these timeframes, injections must be re-started.**

If history of positive TB results,  
give chest X-Ray results:

\_\_\_\_\_ Pos \_\_\_\_\_ Neg

\_\_\_\_\_  
Physician Signature

If a person shows positive for TB, they must be on medication and have a signed release from their doctor to participate in the Nurse Aide Training Program (STNA) classes.

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**Pre-Class Health Statement**

I certify that I am free of any physical limitations, pregnancy limitations, or any other ailments that could prevent me from performing my duties in a satisfactory manner. I release Frontier Healthcare Services, LLC from any liability when enrolled in the Nurse Aide Training Program (STNA) classes.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date